FISH CONSUMPTION GUIDELINES FOR SANTA CLARA COUNTY WATERWAYS GUADALUPE WATERSHED LAKES & RESERVOIRS

Freshwater Sport Fishing Regulations advise that no one eat sport fish caught in streams and reservoirs from the Guadalupe Reservoir, Calero Reservoir, Almaden Reservoir, Guadalupe River, Guadalupe Creek, Alamitos Creek, and associated percolation ponds along the river and creeks.









Almaden Lake Reservoir

Almaden Reservoir

Guadalupe Reservoir

Calero Reservoir

FISH CONSUMPTION GUIDELINES FOR OTHER SANTA CLARA COUNTY WATERWAYS, LAKES & RESERVOIRS

As methylmercury moves up the food chain, fish and shellfish concentrate it in their bodies according to their diet and age.

For your benefit, the chart below issues guidelines for women's fish consumption in California.

Women of childbearing age and children should be especially careful to follow these guidelines. Fish Species		Women of childbearing age and children (17 years and younger) (Meals per month)	Women beyond childbearing years and men (Meals per month)
Largemouth bass		0	1
Carp		1	4
Black crappie		1	4
All other fish example, Trout		4	12

What about warning about men's consumption of these fish?

Sources: